Nutrients vs. Cost Compar The correctness of the information is not quan		1st	<u> </u>	2nd	<u> i </u>	3rd	<u> </u>	4th	<u> </u>	
ne correctness of the illiornation is not guar	inceed	130				j.u.				
		Fertilsan M- amitamin		Fertil M Pro- aminoexpert		FertilAid For Men- Fairhaven Health		Proceive Advanced Fertility Supplement		
Ingredients		Dosage	Points	Dosage	Points	Dosage	Points	Dosage	Point	
ycopene Extract	ļ									
eruvian Maca Extract ine Bark Extract	 	100mg	10	100mg	10	125 mg				
irapeseed Extract	}	Tooling	10	1001119	10	100 mg	5			
iberian Ginseng Extract	1		<u>}</u>			100 mg				
ctacosanol	ļ		ļ							
nositol	}			ļ				ļ		
Glutathione Citrulline	-}		·}					50 mg	5	
Arginine	}	500 mg	10	440 mg	10			250 mg	5	
-Acetyl-Cysteine	1	80 mg	10	80 mg	10			100 mg	10	
Carnitine	}	500 mg (Carnipure)	10	300 mg (Carnipure)	10	550 mg	10	100 mg	3	
	1		<u>}</u>	7		· · · · · · · · · · · · · · · · · · ·				
o-enzyme Q10	ļ	15 mg	10	25mg	10	15 mg	10	25 mg	10	
trus Bioflavonoids	 	3	<u>}</u>	400		2000		2		
tamin A / Beta Carotene tamin D3	}	3mg 10 µg	5 10	400 μg 15 μg	5 10	3000 µg 10 µg	5 10	3 mg 17.5 μg	5 10	
itamin E	<u>}</u>	120 mg	10	60 mg	8	124 mg	10	67 mg	• • • • • • • • • • • • • • • • • • • •	
itamin E itamin C	<u> </u>	120 mg 200 mg	10 10	300 mg	8 10	124 mg 250 mg	10 10	150 mg	8 5	
niamine (Vitamin B1)	1	· · · · · · · · ·	† 	- · · · · · · · · · · · · · · · · · · ·		1.5 mg		25 mg		
boflavin (Vitamin B2)	{		}			1.7 mg		25 mg		
iacin (Vitamin B3)	ļ		ļ		···	20 mg		25 mg		
tamin B5 tamin B6	}		}			3		10		
tamın B6 Dlacin (Folic Acid)	}	800 µg	10	400 µg	5	2 mg 500 μg	5 5	10 mg 400 ug	5 5	
itamin B12	 	000 ру	† 	1400 ру	<u>-</u>	25 μg	5	25 μg	5	
tamin K			}			80 µg		100 µg		
otin	ļ		ļ					150 μg		
antothenic Acid	ļ		ļ			10 mg		25 mg		
agnesium alcium	}		{			120 mg		25 mg 50 mg		
on	 		}					10 mg		
nc	Ì	40 mg	10	15 mg	5	30 mg	10	25 mg	10	
opper			<u>}</u>			2 mg		1 mg		
anganese	}		ļ			2 mg		4 mg		
elenium Promium	{	60 µg	5	80 µg	5	100 μg 120 μg	5 5	200 µg		
mega-3 EPA	}					120 µg				
mega-3 DHA	·}		·}······		••••					
dine	}		<u>}</u>			150 µg				
urine			. <u>}</u>					50 mg		
nosphorus ABA	<u> </u>		ļ							
NDA	}		}							
	·		.5				:			
						l	_			
		Good vitamin stack (few B vitamins, but good amount of folic acid) and best		A very similar nutrient stack to Fertilsan M, and the highest level of vitamin C in		copper and chromium in test. Lots of antioxidants		cysteine, thiamine (vitam B1), niacin (B3), vitamin		
		amino acid profile						pantothenic a		
		largest quantities		less carnitine (al						
		arginine, and goo				Carnipure. Also		composition		
		of the highest qu		well as less a		top two produc		nutrients are in		
	}	carnitine (Lo		vitamin A, vitan		not contain any a		amounts than i		
la mana a sistia m. Carmanna ma	}	Carnipure) in test.	•	acid and zinc tha	in Fertilsan	acetyl-cysteine o	-	ranked products		
omposition Summary	 	core trace mineral	s present.	М.		extract	•	carnitine and a	ıı gınıne.	
psules / Day	†	3	}		3		3		2	
st / Day over 90 days	<u>}</u>	€1.06 / £0.89		€0.82 / £0.68		€0.92 / £0.77		€0.67 / £0.56		
ised on 90 day price ink: expensive to cheapest	 	£79.85		£61.	25 14	£68.9)7 L2	£50.0		
shipping for 90 day supply	}	free	' }	free	14	free	12	free	17	
ailability	<u> </u>	Online	<u> </u>	Online		Online		Online		
	}	T		T		-				
		Overall most comp				Good antioxida	-			
		of proven nutrie		however less qu		and range of nut	-	Excellent var		
	}	highest quality and						nutrients but low		
		of core ingredient	-	and zinc. Goo		arginine or N	-	of key ingre	uients.	
	}	at good val	uc.	produc	L.	cystein	5 .			
	}	Ī		I		I		1		
EDDICT										
ERDICT	 		y		.				asianana	

The correctness of the information is not quaranteed	5th	<u>:</u>	6th	<u>:</u>	7th	<u>:</u>	8th	
ne correctness or the information is not guaranteed	FertilMan Plus- B	- h t t	Advanced Fertility Support- Natural Health Practice		Orthomol Fertil Plus		Wellman Conception- Vitabiotics	
Turan dia nta		:		····:				~~
Ingredients ycopene Extract	Dosage	Points	Dosage	Points	Dosage 3mg mixed	Points 5	Dosage 1.5 mg	Points 5
Peruvian Maca Extract		<u> </u>		··· <u> </u>	Carotinoids incl		250 mg	
Pine Bark Extract		``````````````````````````````			Lycopene, Carotene		30 mg	5
Grapeseed Extract		ļ			and Luteine			
Siberian Ginseng Extract		ļ					30 mg	
Octacosanol Inositol		<u> </u>					3 mg 40 mg	
-Glutathione	5 mg	1					2.5 mg	1
-Citrulline	g						<u></u>	
Arginine	280 mg	5	300 mg	5			10 mg	1
N-Acetyl-Cysteine		:						• • • • • • • • • • • • • • • • • • • •
-Carnitine	1200 mg (Carnipure)	15	100 mg	3	440 mg	10	50 mg	1
		: &						
Co-enzyme Q10	40 mg	10	60 mg	10	15 mg	10	2 mg	5
Citrus Bioflavonoids	900	 	606 DE		l		10 mg	} -
Vitamin A / Beta Carotene Vitamin D3	800 μg 12 μg	5 10	696 μg RE 10 μg	5 10	2 mg 15 µg	5 10	750 μg RE 15 μg	5 10
		:	I	:			1	
Vitamin E Vitamin C	30 mg 180 mg	5 5	161 mg 200 mg	10 10	120 mg 250 mg	10 10	30 mg - a TE 90 mg	5 5
Vitamin C Thiamine (Vitamin B1)	180 mg 5 mg	; 	200 mg 20 mg	10	230 mg	10	12 mg	
Riboflavin (Vitamin B2)	5 mg	 !	20 mg		t		5 mg	
Niacin (Vitamin B3)	18 mg	• · · · · · · · · · · · · · · · · · · ·	20 mg		I		18 mg NE	
Vitamin B5	10 mg		20 mg]
Vitamin B6	10 mg	5	20 mg	5	3.5 mg	5	10 mg	5
Folacin (Folic Acid)	400 µg	5	400 µg	5	300 µg	5	400 μg	5
/itamin B12	60 µg	8	20 µg	5	9 µg	5	75 µg	10
/itamin K Biotin		ļ					150 µg	}
Pantothenic Acid		 	20 mg				10 mg	
	60 mg	!	20 mg				60 mg	
Calcium			20 mg					
Iron	15 mg	<u>.</u>	5 mg		ļ		6 mg	}
linc	20 mg	10	30 mg	10			15 mg	5
Copper	1 mg	ļ					1 mg	}
Manganese Selenium	160 µg	F	5 mg 100 μg				0.5 mg 150 μg	
Chromium	v pg	5	100 μg 20 μg	5 5	·····		150 μg 50 μg	5 5
Omega-3 EPA		<u>.</u>	ra		90 mg	5		
Omega-3 DHA		• · · · · · · · · · · · · · · · · · · ·			60 mg	5		
odine						;		
Taurine	50 mg	: 4	100 mg					}
Phosphorus		<u> </u>						
PABA		ļ						
omposition Summary	High amount of ca and this is in the quality form ca Carnipure. Also coenzyme Q10 th higher ranked prod lower amounts nutrients including A, E and C.	e high nalled more nan the lucts, but of key vitamins	coenzyme Q10, v vitamin B6, vita manganese in lower levels of	and unique with omega-3 comparison fatty acids, but dosage low inositol. Good prevels of nutrients and does recommended dosages and recommended dosage		The only suppler comparison co inositol. Good co but very low doss especially in trac and antioxi	containing l composition osages overall race elements	
	, = === 5	<u> </u>						
	4			3	1 capsule + 3 tablet	s ¦		1
Capsules / Day	€1.07 / £0.89	·	€1.00 / £0.83	10	€1.69 / £1.41	1	€0.30 / £0.25	:0
Cost / Day over 90 days	£79.92		£75.0	10	£127.1	6	£22.!	9 21
Cost / Day over 90 days Based on 90 day price	7	·	free		free	i	free	
ost / Day over 90 days based on 90 day price tank: expensive to cheapest	7 free	1				~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~		~~ , ~~~~~
ost / Day over 90 days ased on 90 day price ank: expensive to cheapest K shipping for 90 day supply	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~		Online		Online		Online	i.
Capsules / Day Cost / Day over 90 days Based on 90 day price Rank: expensive to cheapest UK shipping for 90 day supply Availability	free	the form I good It key		nd a good nutrients ne, and it	Good overall co except for meta the more exp products in the l omega-3, albe dose.	ls. One of ensive test due to	Low price and go of nutrients in 1 of tablet. However of core nutrients non-core, unre ingredients	easy to take low dosage and lots of searched with
Cost / Day over 90 days lased on 90 day price Rank: expensive to cheapest JK shipping for 90 day supply	free Online Excellent amount quality carnitine in of Carnipure and composition bu vitamins are in	the form I good It key	Similar compo FertilMan Plus, a combination of but less carniti	nd a good nutrients ne, and it	Good overall co except for meta the more exp products in the t omega-3, albe	ls. One of ensive test due to	Low price and go of nutrients in 1 of tablet. However of core nutrients non-core, unre	easy to take low dosage and lots of searched with

Male Fertility Suppleme Nutrients vs. Cost Compari	<u>ison</u>									
The correctness of the information is not guara	inteed	9th		10th		11th		12th		
		Fertilovit M Gonadosa		Vitamen- Zita	a West	Fertility For Me	n- Viridian	Profer	til	
Ingredients		Dosage	Points	Dosage	Points	Dosage	Points	Dosage	Points	
ycopene Extract		4 mg	5							
eruvian Maca Extract	}		-							
ine Bark Extract rapeseed Extract	}		÷	.		50 mg	5			
iberian Ginseng Extract	} -		······		~ ~~~~~					
Octacosanol	}									
nositol	ļ		<u> </u>							
-Glutathione -Citrulline	}	50 mg 300 mg	10 5	.				80 mg	10	
-Arginine	}	300 mg	· · · · · · · · · · · · · · · · · · ·	200 mg	5	100 mg	5	250 mg	5	
I-Acetyl-Cysteine	<u>}</u>	50 mg	5							
-Carnitine	}	300 mg	5	100 mg	3	100 mg	3	440 mg	10	
	<u>}</u>									
Co-enzyme Q10	}	15 mg	10	30 mg	10	30 mg	10	15 mg	10	
Citrus Bioflavonoids /itamin A / Beta Carotene	}	}	-	 	-	10 mg		 		
/itamin D3		ł		25 µg	10	10 µg	10			
/itamin E]	100 mg	10	100 mg	10	67 mg	8	120 mg	10	
/itamin C	1	100 mg	5	100 mg	5	50 mg	5			
Thiamine (Vitamin B1)										
Riboflavin (Vitamin B2) Niacin (Vitamin B3)	}				.		{			
/itamin B5	 		<u>.</u>				-			
/itamin B6	<u> </u>		:	10 mg	5					
olacin (Folic Acid)	}	500 µg	5	400 µg	5	200 µg	3	800 µg	10	
/itamin B12				20 µg	5	50 µg	8			
/itamin K Biotin	·}		· ‡				}			
Pantothenic Acid	 		·							
1agnesium										
Calcium	ļ		. 		- -					
ron Linc	}	25 mg	10	25 mg	10	25 mg	10	40 mg	10	
Copper	 	2.5 mg	· 	259	·••	1 mg		40 mg		
langanese	}		-::							
Selenium	{	100µg	5	100 μg	5	100 µg	5	60 µg	5	
Chromium Omega-3 EPA	}		.	.			}			
Omega-3 DHA			•							
odine							}			
aurine	}			100 mg			}		}	
Phosphorus PABA	 								····	
	1		<u>.</u>							
						Similar composition to				
		Highest amount of in test. Good an glutathione and f But vitamin an element profile in	ount of olic acid. d trace complete,	there is a good taurine, but the vi oxidant, amino trace elements p	luded and level of tamin, anti acid and rofiles are	Vitamen but che lower amount nutrients such a and folic acid. I profile of vit antioxidants ar	aper, with s of key s arginine ncomplete amins,	Most glutathione in test a		
Composition Summary	 	with no argi	ııne.	all incompl	ete.	acids.		minera	15.	
Capsules / Day	}		2		1		2		2	
Cost / Day over 90 days		€1.84 / £1.53	<u>.i</u>	€0.62 / ±0.52		€0.40 / £0.33		€2.05 / £1.71		
lased on 90 day price lank: expensive to cheapest	 	£138.00) : 5 :	£46.3 1	8 8	£29.8	38 20	£153.5	4	
JK shipping for 90 day supply	<u></u>	free		free	~;	free		free		
vailability	{	Online		Online		Online		Online		
		High doses of so nutrients but ingredients are mi it is one of the expensive produc test.	many ssing, and more	Good price but in ingredient com		Excellent price which is good value for the nutrients included but incomplete composition of ingredients.		heing the 4th most		
VERDICT										
PATING / Total points	1	***	75	***	72	***	77	***	70	
RATING / Total points	}		75		73		72	10000	70	

Nutrients vs. Cost Compa	~~	40/	į	4471		15th	!	46:1		
The correctness of the information is not gu	aranteed	13th Fertilmas Male Fertility		14th		15tn		16th		
		Suppleme	ent-	Conception Su Men- Sol		Male Fertility Sup Coast Scien		FertilMan- Ba	n- Babvstart	
Ingredients		Dosage	Points	Dosage	Points	Dosage	Points	Dosage	Points	
ycopene Extract eruvian Maca Extract						Proprietary blend 160	5			
reruvian Maca Extract Pine Bark Extract							;			
rapeseed Extract				50 mg	5					
iberian Ginseng Extract							<u> </u>			
octacosanol							;			
nositol -Glutathione						Proprietary blend 160	1	5mg	1	
-Citrulline	{			†	{	Troprictary Diena 100	} 	Jing		
-Arginine	}	482 mg	10	100 mg	5		<u> </u>	250mg	5	
-Acetyl-Cysteine										
-Carnitine	}	600 mg (Carnipure)	10			Proprietary blend 1600	5	100mg (Carnipure)	3	
	}	45				D	<u>;</u>	F		
o-enzyme Q10 itrus Bioflavonoids		15 mg	10	3 mg	5	Proprietary blend 160	5	5mg	5	
itrus Bioliavoliolus itamin A / Beta Carotene		t		200 μg RE	5	5000 IU	5			
itamin D3		4 µg	5	10 µg	10	I		10 µg	10	
itamin E	}	13 mg	5	12 mg	5	40 IU	8	20 mg	5	
'itamin C	<u></u>	120 mg	5	120 mg	5	200 mg	10	80 mg	5	
hiamine (Vitamin B1)				2.5 mg						
liboflavin (Vitamin B2)				2.5 mg		1 mg	; ,	2 mg		
liacin (Vitamin B3) /itamin B5	}			20 mg	}	20 mg	<u> </u>	15 mg		
/itamin B6		2.2 mg	5	2 mg	5		i	10 mg	5	
olacin (Folic Acid)	}	600 µg	5	100 μg	3	999 µg	10	400 μg	5	
itamin B12		3.4 µg	3	2.5 µg	3	15 μg	5	6 µg	3	
itamin K				75 µg			<u> </u>			
iotin antothenic Acid				75 µg			<u> </u>			
rantotnenic Acid Nagnesium				10 mg 60 mg			!	51 mg		
alcium	{			55 mg			 !	<u>.</u>		
ron			i				; ;	15 mg	1	
inc		15 mg	5	10 mg	5	14 mg	5	20 mg	10	
opper				500 µg						
langanese elenium	}	56 µg	5	100 µg		5 110	5	50 µg		
hromium	}	30 µg		60 µg	5 5	5 µg		30 µg		
mega-3 EPA							 :		:	
mega-3 DHA							·			
odine							<u></u>			
aurine hosphorus	}						÷	50mg		
ABA					~ } ~~~~					
							<u> </u>			
						Highest folate amount in the				
		Similar nutrient co to Profertil wit				test and this is in of Quatrefolic, wi		Good range of nu it contains Carni		
		additional vitar		Good range of	nutrients	better bioavailabil		still has incomp		
		lower amounts	•	especially vitar		amounts of some	•	acid, antioxidan		
		nutrients such as	vitamin E	incomplete profil		but unclear labe	lling of	mineral profile	s. Good	
		and zinc. But hi		acids and low le		other key ingredier		amounts of foli		
		carnitine (Carn		nutrients including folic		proprietary blend or IUs		zinc but low dosa	-	
omposition Summary		present	•	acid.		used.	~	ingredier	its.	
apsules / Day		†	2	†	1	4			1	
ost / Day over 90 days	·}	€2.20 / £1.83	:::::::::::::::::::::::::::::::::::::::	€0.05 / £0.04	. 	€4.73 / £3.94		€0.26 / £0.22		
ased on 90 day price		£164.9		£3.6		£354.81	<u> </u>	£19.6		
ank: expensive to cheapest K shipping for 90 day supply		free	3	free	:4	free 1	;	free	22	
k snipping for 90 day supply vailability		Online	<u></u>	Online	- 	Online	<u> </u>	Online		
					/		***************************************			
		Cand		The sheet state	d., at 1:- 40:	The				
		Good range of nu incomplete profi		The cheapest pro test, and given it		The most expensive in the test due to		Low price (the 3	Rrd lowest	
		ingredients, which						priced product),		
)			money. But key		Quatrefolic. But o		many key nut		
		reflect its brice	beilig lile							
		reflect its price 3rd most expensi				nutrients are mis		sufficient qua		
			ve product		esent or in		sing or			
/EDDICT		3rd most expensi	ve product	are either not pr	esent or in	nutrients are mis	sing or			
/ERDICT		3rd most expensi	ve product	are either not pr	esent or in	nutrients are mis	sing or			

Male Fertility Supplemental Nutrients vs. Cost Comparis				; = : : : : : : : : : : : : : : : : : :						
The correctness of the information is not guaran	teed	17th		18th		19th		20th		
		Proxeed Plus		Conceive For Men- Fertility Smart		Fertilovit MT- Go	nadosan	Bud Male Fertility Supplement		
Ingredients		Dosage	Points	Dosage	Points	Dosage	Points	Dosage	Points	
Lycopene Extract	~~~~					4 mg	5			
Peruvian Maca Extract Pine Bark Extract			: :	75 mg	- 			1000 mg	ļ <u>.</u>	
Grapeseed Extract			 !					30 mg	5	
Siberian Ginseng Extract			; ;				3		<u>}</u>	
Octacosanol									ļ	
Inositol L-Glutathione			<u>;</u>		- 		ļ		}	
L-Citrulline			 !						}	
L-Arginine				300 mg	5		1		<u>}</u>	
N-Acetyl-Cysteine				25 mg	5					
L-Carnitine		2g	12	250 mg	5	200 mg	5	100 mg	3	
		40				4			<u> </u>	
Co-enzyme Q10 Citrus Bioflavonoids		40 mg	10			15 mg	10		 	
Vitamin A / Beta Carotene			<u>.</u>			 	†	f	}	
Vitamin D3						5 µg	5	25 µg	10	
Vitamin E				100 mg	10	36 mg	5	10 mg	5	
Vitamin C		180 mg	10	120 mg	5	80 mg	5	100 mg	5	
Thiamine (Vitamin B1)			! }						<u> </u>	
Riboflavin (Vitamin B2) Niacin (Vitamin B3)			; •						{	
Vitamin B5									 	
Vitamin B6				2 mg	5		·}·····			
Folacin (Folic Acid)		400 µg	5	400 µg	5	200 μg	3			
Vitamin B12		3 µg	3	6 µg	3		<u> </u>	250 μg	10	
Vitamin K Biotin			ļ				. 		{	
Biotin Pantothenic Acid			ļ				}		}	
Magnesium			 :				†			
Calcium		•	i				}		}	
Iron									<u> </u>	
Zinc		20 mg	10	15 mg	5	10 mg	5	15 mg	5	
Copper Manganese							- 		·}·····	
Selenium		100 µg	5	70 µg	5	55 µg	5	35 µg	5	
Chromium									<u> </u>	
Omega-3 EPA			: •						<u> </u>	
Omega-3 DHA Iodine			: :						{	
Taurine		• • • • • • • • • • • • • • • • • • • •	<u>:</u>	100 mg		200 mg	-{		·}·····	
Phosphorus			; :							
PABA			ļ		_		J		<u> </u>	
			i		<u>i</u>		.3		£	
	Highest amount of carniting in the test but this is not in the form of Carnipure, and missing many important		is not in ure, and portant	missing many key components including amino acids, vitamins and		Highest level of taurine in test. But low quantities of other key components such		Highest level of vitamin B1 in test. Similar compositio to Fertilovit MT but no foli acid or coenzyme Q10, and has other ingredients which have limited scientific research supporting their		
Composition Summary		ingredients) <u>. </u>	trace eleme	::1L3.	as folic aci	u.	use.	Ţ	
Capsules / Day		2 sachets	}		2	1	l)	2	<u> </u>	
Cost / Day over 90 days		€3.20 / £2.67		€1.04 / £0.87		€0.52 / £0.43		€0.89 / £0.74	<u>}</u>	
Based on 90 day price Rank: expensive to cheapest		£240.00 2	<u> </u>	£78.1	8 9	£39.00		£66.42 13	}	
UK shipping for 90 day supply		free	; :	free		free	J	free	<u> </u>	
Availability		Online		Online		Online	3	Online		
		Incomplete composition of amino acids, vitamins and trace elements which are not justified by its price being the second most expensive product in the comparison.		Missing a number of key nutrients in sufficient quantities.		Incomplete comp key nutrien		Good level of vitamin B12 but incomplete compositio of other key nutrients.		
VERDICT			~~~		~~~	<u> </u>	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
RATING / Total points	m	**	55	**	53	**	48	**	40	
NATING / TOTAL POLITS			55	I		<u> </u>	70	· ·	48	

Male Fertility Supplement Nutrients vs. Cost Comparison	:	:				}]	Ţ	
The correctness of the information is not guaranteed		21st		22nd		23rd		•	
	Fertimax	2	Fertilo Forte-	Denk	Men's Fertility S Conceive P		Fertility Plus V Complex- Earth's		
Ingredients	Dosage	Points	Dosage	Points	Dosage	Points	Dosage	Points	
Lycopene Extract				.,				ļ	
Peruvian Maca Extract Pine Bark Extract		 			50 mg	}			
Grapeseed Extract						3			
Siberian Ginseng Extract						}			
Octacosanol Inositol		 		- 	ļ	ļ			
L-Glutathione		<u> </u>				}			
L-Citrulline		<u>.</u>							
L-Arginine		.ļ	500 mg	10	Proprietary blend 150	5			
N-Acetyl-Cysteine						<u> </u>		·}	
L-Carnitine	400 mg	10	440 mg	10	Proprietary blend 150	3			
Co-enzyme Q10	40 mg	10	15 mg	10		}			
Citrus Bioflavonoids		÷		.;		ļ			
Vitamin A / Beta Carotene Vitamin D3		ļ			1 mg	5	25 ug	10	
	20	<u>-</u>	45	·	12	}	25 µg	10	
Vitamin E Vitamin C	30 mg 180 mg	5 10	15 mg	5	12 mg 80 mg	5 5	100 ma	5	
Thiamine (Vitamin B1)		<u> </u>			9	İ		<u> </u>	
Riboflavin (Vitamin B2)		·		:	8 mg		50 mg		
Niacin (Vitamin B3)		<u> </u>		_	15 mg	}			
Vitamin B5 Vitamin B6				·	1.4 mg	5		.}	
Folacin (Folic Acid)	200 μg	3	400 µg	5	400 μg	5		.}	
Vitamin B12		<u> </u>			6 µg	3			
Vitamin K Biotin		<u> </u>				ļ	150	. .	
Biotin Pantothenic Acid		.				}	150 µg	}	
Magnesium				·	56.25 mg	<u> </u>	100 mg	†	
Calcium					7		100 mg		
Iron		<u> </u>			5 mg	}	14 mg	<u>.</u>	
Zinc	15 mg	5	2.25 mg	2	15 mg	5	10 mg	5	
Copper Manganese		· <u></u>				<u> </u>	1 mg	·}·····	
Selenium	50 µg	5	30 µg	5	55 µg	5	100 µg	5	
Chromium									
Omega-3 EPA						<u> </u>		<u>.</u>	
Omega-3 DHA Iodine		÷				}	150 µg	·}	
Taurine				· · · · · · · · · · · · · · · · · · ·		<u> </u>			
Phosphorus		<u></u>				ļ		ļ	
PABA		 				}		}	
			•			.2		.3	
	Good amount of carnitine but incomplete composition of amino acids, vitamins and trace elements. Insufficient				Unclear labellin				
			Fertimax 2 but lower		includes a proprieta A number of nutri present in amoun are too low, and nutrients are m altogether, especia	ents are ts which I many issing	Missing many key nutrient altogether, and including		
Composition Summary	including folic		selenium	•	acids.		scientific back		
		<u> </u>						ļ	
Capsules / Day Cost / Day over 90 days	£0.94 / £0.78		€0.78 / £0.65	1	€0.72 / £0.60	}	£0.21 / £0.18	.}	
Based on 90 day price	£69.90		£58.08	3	£53.58	İ	£15.97	<u> </u>	
Rank: expensive to cheapest	11	ļ	1	5	16	ļ	23	ļ	
UK shipping for 90 day supply Availability	free Online	<u></u>	free Online	<u> </u>	free Online	<u> </u>	free Online	<u> </u>	
	amino acids, vitar	Incomplete composition of amino acids, vitamins and trace elements.		Incomplete composition of nutrients, and low levels of key ingredients.		esition of many resent in too low.	f Low price due to low quantity of ingredients		
VERDICT									
RATING / Total points	**	48	*	47	*	46	*	25	
VALINO / TOTAL PULLIS	1	. 70		7/	Ī	70	<u> </u>	23	